

## Climate Action and Resilience Course

Six Tuesdays: 2 May – 6 June 2023 6:30-8:30 pm at Span Community House, 64 Clyde Street, Thornbury.

Fees: Full \$60 Concession \$40

No one left behind - please discuss any financial barriers to participation and to enrol contact [info@spanhouse.org](mailto:info@spanhouse.org) or 9480 1364.

### Session 1

C4C Climate Conversation - Setting the context. Learning what the issue is and exploring what we can do and which actions would have the greatest impact.

### Session 2

Finding our niche. What are your passions and skills and how can you use them to create a better future? Starting with watching an inspiring short video, doing a venn diagram and deciding on an action that we want to do in session 3.

### Session 3

Action. Doing an action together, whatever the group is interested in exploring, if it is going to a rally together, we can do that and make banners on the night. If people feel calling or visiting an MP's office is daunting, we can do that together etc.

### Session 4

Emotional Climate Resilience. What are the effects of climate change we are already feeling and what are things we cannot turn around anymore? And how does that make us feel? How do we each deal with these types of emotions, what motivates us and nourishes us to keep going? (In Nature?)

### Session 5

Practical climate resilience. What are the effects of climate change on our households and communities and exploring together how we can become more resilient in the face of climate change, individually, as a household/family and as a community.

### Session 6

Exploring what we want to do as a group together: eg. skill shares, workshops on certain themes to learn more, visiting local examples of climate resilience in practice, planning actions together....