



SPAN CLASSES & ACTIVITIES

**SEMESTER 1
2024**

Class & Activity Brochure



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1 Welcome



Span Community House is a dynamic hub of community learning, support and sustainability in the heart of Thornbury, providing access to community development activities.

Everyone is welcome. Our facilities are accessible for all.

If you wish to enrol in a program, meet other community members, require some support or assistance, then Span is the place for you!

Community is much more than belonging to something, it's about doing something together that makes belonging matter.

For full details and updates on our programs, please check our website - www.spanhouse.org.

We look forward to welcoming you to Span. It's your house!



We acknowledge the Wurundjeri people of the Kulin Nation, who are the traditional custodians of this unceded land.



We also pay our respect to Wurundjeri Elders past and present and extend that respect to all Aboriginal and Torres Strait Islanders.



2 Community & Social



Free or low cost community activities are held at Span to provide services and support for the community.

To learn more, or if you'd like to make a suggestion for an activity, please contact us – we're always open to new ideas!

COMMUNITY LUNCH

A two course home cooked meal is shared with other friendly community members. Come along for company, conversation and support. This is a great opportunity to connect with others and find out more about your neighbourhood. Volunteer helpers are always welcome.

Please contact Span in advance to RSVP for catering purposes.

Day: Second Wednesday of every month, 12.30pm – 2.00pm

Dates: 14 Feb; 13 Mar; 10 Apr; 8 May; 12 Jun

Cost: Free

FAMILY CARERS HIGH TEA

An event for family carers who are treated to an afternoon of elegance. If you are a family carer looking for a little spoiling, socialising and connection with other community members, come along and indulge. Eligibility criteria apply. Contact the Programs Coordinator for further information.

Bookings essential.

TBA

Community & Social (Con't)



GOOD BUGS COMMUNITY GARDEN GROUP

Come and join the Span gardening team in our community garden. Our accessible space is sustainable, fun and supportive. You just need to bring your 'green thumb', or want to develop new skills and knowledge.

Spaces are limited, so please contact us in advance about joining a session.

Day: Wed: 10.00am – 12.00pm

Dates: Ongoing

Fees: Free

EXPANSIVE IN NATURE

Join Span for a variety activities in 2024 where we get better connected with nature and get hands on to enhance our local biodiversity.

With a focus on bushland environments and indigenous plants, we will be delivering a number of events to get people hands on and connected to nature in our urban environment.

We will support local work to improve our natural environments. We will also use some of the beautiful natural areas in our neighbourhoods as back drops or inspiration for some events.

Activities will include:

- Plant propagation
- Planting
- Habitat restoration
- Art in nature
- Tai Chi in nature

Community & Social (Con't)



OM : NI (OLDER MEN : NEW IDEAS)

Span hosts a group for men aged 50+ who meet every fortnight to discuss what's happening in their lives, current affairs and topics of whatever they choose. Attendance is casual so come along whenever you can.

Please call Span to register your interest.

Day: Alternating Mondays, 10.00am – 12.00pm

Dates: Ongoing

Fees: Free

SPECIAL INTEREST WORKSHOPS & EVENTS

Span likes to offer activities and classes for those of all ages who wish to connect or learn more about a particular skill.

You could arrange a class with your own friends and family or we can work with you to bring something to life.

Keep your eyes and ears peeled for info about a very special Open Day community event we will be hosting later this year.

ROOM HIRE

Span has a number of rooms for hire that can meet various needs.

Special rates are available for not-for-profit organisations and small businesses. All the information on room options and costs are available on our website.

3 Get Creative



It's never too late to discover your artistic and creative side.

Our tutors have extensive experience, are creative, skilled and well known in the arts sector.

CREATIVE WRITING

Develop your writing skills and build confidence with our fun and informative course.

The focus is on novel writing, but the skills and techniques learnt can be applied to other styles of writing, such as short stories and personal narratives.

Day: Mon: 9.30 am - 12.00pm

Dates: Term 1: 29 Jan - 25 Mar (8 weeks - no class 11 Mar)
Term 2: 15 Apr - 24 Jun (10 weeks - no class 10 Jun)

Fees: Term 1: Full \$275; Concession \$250; NDIS \$303; ACFE \$97
Term 2: Full \$344; Concession \$313; NDIS \$378; ACFE \$97

THORNBURY WRITERS WORKSHOP

This group meet weekly to share their writing experiences, give each other feedback, try writing exercises and read work from published authors for tips and inspiration.

Day: Wed: 9.30am - 12.00pm

Dates: Term 1: 31 Jan - 27 Mar (9 weeks)
Term 2: 17 Apr - 26 Jun (11 weeks)

Fees: Term 1: Full \$309; Concession \$281; NDIS \$340; ACFE \$97
Term 2: Full \$378; Concession \$344; NDIS \$416; ACFE \$97

Get Creative (Cont'd)



A NOVEL IN A YEAR

Now that we have your attention – we're not really going to write a novel in a year. Sorry. Even experienced, professional authors usually take longer than that. However, if you are ready to commit to putting in the work, a year is a realistic timeframe for completing the first draft of a manuscript – the bones of a book, which can be fleshed out into a novel. In our year-long course you will receive the tools, support and encouragement to plan, write and edit a novel.

Day: Wednesdays 2.00pm-4.00pm

Dates: Term 1: 31 Jan – 27 Mar (9 weeks)

Term 2: 17 Apr- 26 June (11 weeks)

Term 3: 17 Jul – 18 Sep (10 weeks)

Term 4: 9 Oct – 11 Dec (10 weeks)

Fees: Term 1: Full \$248, Concession \$225, NDIS \$272

Term 2: Full \$303, Concession \$275, NDIS \$333

Term 3: Full \$275, Concession \$250, NDIS \$303

Term 4: Full \$275, Concession \$250, NDIS \$303

Full year: 31 Jan -11 Dec (40 weeks – no classes school holidays)

Fees: Full \$1,056, Concession \$960, NDIS \$1,162

Get Creative (Cont'd)



ART FOR ALL ABILITIES

Join our amazing tutor, Sheena Mathieson, who is a practising artist, in a program of facilitated fun and stimulating art-related activities.

This group is for adults living with or recovering from a mental illness, or those that have a mild disability or a long term condition.

Day: Mon: 10.00am – 2.00pm (4Hr Class)

Dates: Term 1: 29 Jan – 25 Mar (8 weeks – no class 11 Mar)
Term 2: 15 Apr – 24 Jun (10 weeks – no class 10 Jun)

Fees: Term 1: Full \$557; Concession \$507; NDIS \$613
Term 2: Full \$697; Concession \$633; NDIS \$766

Day: Fri: 10.00am – 12.00pm (2 Hr Class)

Dates: Term 1: 2 Feb – 22 Mar (8 weeks)
Term 2: 19 Apr – 28 Jun (11 weeks)

Fees: Term 1: Full \$279; Concession \$253; NDIS \$307
Term 2: Full \$383; Concession \$348; NDIS \$421



Get Creative (Cont'd)



SEWING @ EAST PRESTON COMMUNITY CENTRE

In this course you will develop skills in sewing. Students will learn to thread a sewing machine, plan sewing projects, cut and sew basic projects.

No previous sewing experience is necessary!

Term 1: Thu: 1.30pm - 3.30pm

Dates: 8 Feb - 28 Mar (8 weeks)

Term 2: Thu: 1.00pm - 3.00pm

Dates: 2 May- 20 Jun (8 weeks)

Fees: Per term: Full \$325; Concession \$295; NDIS \$358; ACFE \$84



4 Health & Wellbeing



Physical activity is an important component of maintaining a healthy and fulfilling lifestyle, especially as you grow older. For Health & Wellbeing classes we have a 5 class pass per term. Please contact Span for further information.

GENTLE EXERCISE

Come and join in this low impact class which will strengthen your mind and body. All students report an improved outlook on life, fitness and coordination.

A fun and friendly class for all ages.

Day: Tue: 9.30am - 10.30am

Dates: Term 1: 30 Jan - 19 Mar (8 weeks)
Term 2: 23 Apr - 18 Jun (8 weeks)

Fees: Term fees: Full \$145; Concession \$132; NDIS \$160

Both terms- 5 day pass \$95

TAI CHI WITH RANI

Join a Tai Chi class with Rani a master trainer and occupational therapist. Classes are designed to relax and rejuvenate your mind and body through enjoyable, supportive and inclusive sessions.

Health & Wellbeing (Cont'd)



TAI CHI - YANG 24

The most popular style of Tai Chi in the world. This form is the style of the Emperor of China. It is a gracious and regal form of Tai Chi.

Suitable for beginners and advanced practitioners.

Day: Wed: 10.30am - 11.30am

Dates: Term 1: 7 Feb - 27 Mar (8 weeks)
Term 2: 17 Apr - 26 Jun (11 weeks)

Fees: Term 1: Full \$286; Concession \$260; NDIS \$315
Term 2: Full \$393; Concession \$358; NDIS \$433
Both terms - 5 day pass \$188

TAI CHI FOR HEALTHY MINDS & BODIES

This class is for participants who are seeking a supportive group to find calmness and relaxation through gentle movement flow.

The class provides informative, supportive and fun Tai Chi sessions of movement and flow (modified as required).

Family carers looking for a supportive social connection are also encouraged to attend.

Day: Thu: 11.30am - 12.30pm

Dates: Term 1: 8 Feb - 28 Mar (8 weeks)
Term 2: 18 Apr - 27 Jun (10 weeks - no class 25 Apr)

Fees: Term 1: Full \$286; Concession \$260; NDIS \$315
Term 2: Full \$340; Concession \$325; NDIS \$393
Both terms - 5 day pass \$188

Health & Wellbeing (Cont'd)



TAI CHI - EVENING

Using a series of gentle movements release stress, develop strength, flexibility and concentration.

Please call Span to express your interest and for further information.

Day: Thu: 6.00pm -7.00pm

YOGA WITH BARBARA

Barbara provides an inclusive and supportive environment, drawing on her years of training, teaching and Yoga practice. Suitable for all abilities, ages and levels of experience.

ACCESSIBLE YOGA

Accessible Yoga removes the barriers to practicing Yoga and the idea that you need to be super flexible, a certain age, able bodied or to wear lycra! Barbara encourages students to feel empowered and embrace a positive mindset of what "I can do".

Day: Thu: 9.30 10.30

Dates: TBA (10 weeks)

Fees: Full \$220; Concession \$200; NDIS \$242



5 Work, Study & Personal Skills



Whether you wish to return to work, start your own business, want to commence or return to study, or are simply looking for a change of direction, we've got something to inspire you.

These courses have small class numbers to ensure individual attention from the tutor.

WRITING FOR YOUR FUTURE

Mon Group - focused on novel writing, the skills and techniques learnt can be applied to other styles of writing, such as short stories and personal narratives.

Wed Group - shares their writing experiences, give each other feedback, try writing exercises and read work from published authors for tips and inspiration.

Day: Mon: 9.30 am - 12.00pm

Dates: Term 1: 29 Jan - 25 Mar (8 weeks - no class 11 Mar)
Term 2: 15 Apr - 24 Jun (10 weeks - no class 10 Jun)

Fees: Term 1: Full \$275; Concession \$250; ACFE \$97; NDIS \$303
Term 2: Full \$344; Concession \$313; ACFE \$97; NDIS \$378

Day: Wed: 9.30 am - 12.00pm

Dates: Term 1: 31 Jan - 27 Mar (9 weeks)
Term 2: 17 Apr - 26 Jun (11 weeks)

Fees: Term 1: Full \$310; Concession \$281; ACFE \$97; NDIS \$340
Term 2: Full \$378; Concession \$344; ACFE \$97; NDIS \$416

Work, Study & Personal Skills (Cont'd)



MICRO-BUSINESS SKILLS: SEWING @ EAST PRESTON COMMUNITY CENTRE

In this course you will develop skills in sewing. Students will learn to thread a sewing machine, plan sewing projects, cut and sew basic projects.

No previous sewing experience is necessary!

Day: Thu: 1pm - 3.00pm

Dates: Term 1: 8 Feb -28 Mar (8 weeks)
Term 2: 2 May -20 Jun (8 weeks)

Fees: Term fees: Full \$325; Concession \$295; ACFE \$84; NDIS \$358

INTRODUCTION TO COOKING & HOSPITALITY

Learn cooking and hospitality skills in this hands on and demonstration class. Using fresh seasonal ingredients and garden produce, learn planning, preparation, safety and presentation skills.

Day: Wed: 10am - 12.30pm

Dates: Term 1: 31 Jan - 27 Mar (9 weeks)
Term 2: 17 Apr - 26 Jun (11 weeks)

Fees: Term 1: Full \$394; Concession \$359; ACFE \$97; NDIS \$434
Term 2: Full \$482; Concession \$438; ACFE \$97; NDIS \$530

Work, Study & Personal Skills (Cont'd)



MICROSOFT OFFICE PROGRAMS – COMPUTER SKILLS

Learn and develop Microsoft Office and other online skills for work, further study or personal use.

Day: Fri: 10.00am – 12.00pm

Dates: Term 1: 9 Feb – 22 Mar (7 weeks)

Dates: Term 2: 3 May – 14 Jun (7 weeks)

Fees: Term fees: Full \$144; Concession \$131; ACFE \$75; NDIS \$159



6 Grow t, Cook It



Span has an extensive community garden and likes to share and use the produce in our cooking classes.

The garden is going from strength to strength in its varied produce, engagement with the community and developing new sustainable activities, that not only benefit Span and our participants but the whole community.

Our cooking tutors are skilled and experienced with wonderful imaginations and like to try new and different combinations.

INTRODUCTION TO COOKING & HOSPITALITY

Learn cooking and hospitality skills in this hands on and demonstration class. Using fresh seasonal ingredients and garden produce, learn planning, preparation, safety and presentation skills.

Day: Wed: 10am - 12.30pm

Dates: Term 1: 31 Jan - 27 Mar (9 weeks)
Term 2: 17 Apr - 26 Jun (11 weeks)

Fees: Term 1: Full \$394; Concession \$359; ACFE \$97; NDIS \$434
Term 2: Full \$482; Concession \$438; ACFE \$97; NDIS \$530

Grow It, Cook It (Cont'd)



GOOD BUGS COMMUNITY GARDEN GROUP

No garden of your own? Would you like be able to share some fresh produce?

Come and join the Span gardening team in our community garden. Our accessible space is sustainable, fun and supportive.

You just need to bring your 'green thumb', or want to develop new skills and knowledge.

Day: Wed: 10.00am – 12.00pm

Dates: Ongoing

Fees: Free

SWAP & GO FOOD WASTE COMPOST @ SPAN

Want to reduce landfill? No compost or green waste bin of your own...? Even if you have a Council FOGO bin, you can contribute to a more local solution to help strengthen our programs.

Here at Span, we collect your food waste to turn it into soil-enriching compost for our community garden.

For absolute convenience, you can drop your food waste off at our 24 hour collection point at the front of the building. If you want to get more hands on with the program, while experiencing the peaceful surroundings of the community garden, there are always opprotunities to help out there.

Join in our monthly compost workshops.

Please jump on our website or call Span for further information.

7 Digital Literacy



MICROSOFT OFFICE PROGRAMS – COMPUTER SKILLS

Learn and develop Microsoft Office and other online skills for work, further study or personal use.

Day: Fri: 10.00am – 12.00pm

Dates: Term 1: 9 Feb – 22 Mar (7 weeks)

Dates: Term 2: 3 May – 14 Jun (7 weeks)

Fees: Term fees: Full \$144; Concession \$131; ACFE \$75; NDIS \$159



8 New Courses & Activities



Span is always keen to introduce new courses and activities.

Please contact Span to register your interest in the courses below or to discuss activity ideas of your own.

ZERO WASTE SUSTAINABLE FOOD SYSTEMS

Zero Waste is a vocational taster course which aims to develop learners' culinary skills and understanding of food production in the context sustainable food systems.

INTRODUCTION TO HORTICULTURE

Students will learn planning, developing and implementing processes of a working garden. This course will build skills in horticulture for use in further study and the workplace.

SPECIAL INTEREST WORKSHOPS & EVENTS

Span likes to offer activities and classes for those of all ages who wish to connect or learn more about a particular skill. You could arrange a class with your own friends and family or we can work with you to bring something to life.



9 Special Activities@Span



TAX TIME TO MAKE AN APPOINTMENT

Get free help with your tax return from an ATO trained tax help volunteer. You are eligible for tax help if your income is around \$60,000 or less per annum and you do not do any of these things: work as a contractor (eg. a contract cleaner or taxi driver); run a business (including as a sole trader); sold shares or an investment property; owned a rental property. You will need a myGov account to lodge your tax return online. If you do not have a myGov account, register at my.gov.au before your Tax Help appointment. Contact Span to a make an appointment.

Dates July- October

Free - bookings essential

FAMILY CARERS HIGH TEA

An event for family carers who are treated to an afternoon of elegance. If you are a family carer looking for a little spoiling, socialising and connection with other community members, come along and indulge. Eligibility criteria apply. Contact the Programs Coordinator for further information.

Dates TBA

Free - Bookings essential

10 Sustainability



At Span we are doing our part to maintain and improve our local environment and community and want to include more people in helping us do this. We're keen to engage people from across Darebin and beyond in some or all activities – the more the merrier as we develop our Sustainability Squad and kick goals for the community and the environment!

SUSTAINABLE DEVELOPMENT GOALS

At Span we identify and align with many of the UN Sustainable Development Goals, but in particular:

- SDG2 – Zero Hunger
- SDG3 – Good Health & Wellbeing
- SDG4 – Quality Education
- SDG10 – Reduced Inequalities
- SDG11 – Sustainable Cities & Communities
- SDG12 – Responsible Consumption & Production
- SDG13 – Climate Action
- SDG15 – Life on Land
- SDG17 – Partnerships for the Goals

More info about the UN Sustainability Development Goals can be seen [online](#) and there will be more coming soon about Span's work to progress the Goals.

Sustainability (Cont'd)

RRR HUB _ REPAIR, REUSE, RECYCLE



Our RRR Hub has been a great success! Span has an extensive community reuse and recycling system in place and we collect items to give them a longer life. Register for our external collection hub for the convenience of 24 / 7 access.

Span has many activities and programs to deliver more sustainable solutions for the local community. These include workshops, information sharing and partnerships to involve community members to repair, reuse and recycle. By working together we have boosted the local circular economy and reduced our collective environmental footprint in so many ways including :

- take food waste from our neighbours and local businesses to reduce their impacts and costs.
- create compost to improve the soil in our community garden.
- give glass jars and elastic bands a new lease on life as reusable coffee cups at a not-for-profit, zero-waste cafe.
- contribute to the fabulous work of Aussie Bread Tags for Wheelchairs.
- support local groups with their sustainability work.

Jump on to our [website](#) to see how you can contribute to what we are collecting to keep our local circular economy growing!

Sustainability (Cont'd)



GET INVOLVED WITH OUR PROGRAMS

- Food waste composting
- Community garden
- RRR Hub (Repair. Reuse. Recycle.)
- Climate change
- Party Kits & Bunting Library
- Friends of Baucau Coffee
- Events & Workshops
- Kenshi Life Changing candles



11 Volunteering @ Span



Volunteers play an integral part in many of Span programs and operations.

Our volunteers bring their vibrancy, skills and open mindedness to support our diverse community. If you would like to get involved as a volunteer we are always looking for support, so give us a call or drop in for a chat.

These are examples of the activities and programs that are run with the help of Volunteers:

- **Ongoing** Reception / Admin
Community Lunch (monthly)
Marketing & Comms
Board of Governance
- **Weekly** Art for All Abilities
Good Bugs Gardening Group
Cooking with Confidence
Food Waste & Composting Hands
- **Occasional** Digital Literacy
One-on-One IT Assistance
Family Carers Activities
Jack / Jill of All Trades
Marketing & promotions

Volunteering @ Span (Cont'd)



The following roles are currently open for the right people:

- **Jack or Jill of All Trades:** An all-rounder to help keep back of house orderly and do basic maintenance
- **Marketing & Promotions:** Develop materials, update website, schedule social media, support events
- **Board of Governance:** Contribute to the governance of the house
- **Class Support:** Support our Tutors deliver their Tuesday Cooking and Mondays and Fridays Art for All Abilities classes
- **Community Composting:** Help us compost food waste and keep our collection crate stocked with clean buckets
- **Cook / Planner:** Help deliver spacial events such as Carers HighTea, Community / Christmas Lunch etc.
- **Data Entry:** Help monitor the impact of our sustainability and class based activities
- **Sensitive Santa:** Support children on the autism spectrum in their visit with Santa @ Span (annual event)
- **Teaching Tech:** 1:1 support for learning to use tech devices

Whether you want to be contacted to have a general chat or are ready to sign up right now, please go to the "**Get Involved**" tab at spanhouse.org and fill in the Volunteering Form and we'll take the next steps to getting you on board with us.

12 Course Fee Types



ACFE

Adult Community Further Education (ACFE) and Fee for Service (FFS) fees are paid per course, in full, and 5 days in advance of the course commencement. Enrolment is confirmed upon receipt of course fees.

ACFE fees cannot be paid through a NDIS plan.

NDIS PARTICIPANTS

An invoice will be sent to the Plan Management organisation at the end of each term.

CONCESSIONS

A concession rate is available for Senior, Pension or Healthcare card holders. Please submit a copy of your Concession / Senior / Pension card when enrolling online.

EARLY BIRD DISCOUNT

Enrol and pay 10 working days prior to the class commencement and receive a 5% discount.

5 CLASS PASS - HEALTH & WELLBEING CLASSES ONLY

If you cannot commit to a whole term, you can opt to pay for blocks of 5 classes. This is applicable to health and wellbeing classes only. Please call Span to discuss.

13 Payment & Enrolment Options



PAYMENTS

Span accepts payments by EFTPOS, cash, cheque, direct credit and over the phone.

Direct credit payment details are:

Bank – Bendigo Bank

Account Name – Span Community House Inc.

BSB – 633-000

Account Number – 142 881 275

Reference Area – Your Surname and name of the course you're paying for.

ENROLMENT REPEATS

If you have previously undertaken a course at Span, contact us and we can generate the enrolment form with your details.

Please inform us if any of your details have changed since your last enrolment so we can update our database.

CANCELLATION

Commencement of courses are subject to sufficient numbers. Minimum and maximum numbers apply to all courses. In the event of a course cancellation all fees will be refunded in full via cheque or direct payment to your nominated bank account.

Our Fees Policy can be provided on request.

14 Contact Us



SPAN COMMUNITY HOUSE

A: 64 Clyde Street, Thornbury Vic 3071

P: (03) 9480 1364

E: info@spanhouse.org

W: www.spanhouse.org

SOCIAL MEDIA

You can also contact or connect on the following channels:



[Website](#)



[Facebook](#)



[Instagram](#)



[You Tube](#)

HOW TO GET HERE

BUS

251 City to Northland / Northland to City

250 City to La Trobe Uni / La Trobe Uni to City

552 Reservoir to Northcote Plaza / Northcote Plaza to Reservoir

510 Essendon to Ivanhoe / Ivanhoe to Essendon

TRAM

Route 86 (Stop 38) to corner of High Street and Clarendon Streets. Then walk along Clarendon Street, cross Victoria Road and walk to the right, and then turn left into Clyde Street.

CAR

Melway Ref: 30 J6

15 Activity Schedule Overview

REGULAR ACTIVITIES 2024

WEEKLY UNLESS OTHERWISE INDICATED*



TERM 1 - 29 JAN - 28 MAR
TERM 2 - 15 APR - 28 JUN

TERM 3 - 15 JUL - 20 SEP
TERM 4 - 7 OCT - 20 DEC

MORNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ART FOR ALL ABILITIES CREATIVE WRITING ON : M (F)	GENTLE EXERCISE	THORNHURRY WRITERS COOKING FOR ALL ABILITIES GOOD BUGS GARDENING TAI CHI	TAI CHI	ART FOR ALL ABILITIES COMPUTER SKILLS
AFTERNOON	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ART FOR ALL ABILITIES	COOKING FOR ALL ABILITIES	COMMUNITY LUNCH (M - 2ND WED)	U3A: PAINTING & DRAWING SEWING (EAST PRESTON COMMUNITY CENTRE)	U3A: UKULELE U3A: SINGING
EVENING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	HAVE AN ACTIVITY YOU WOULD LIKE TO RUN HERE? CALL US TO ENQUIRE ABOUT ROOM HIRE!	HAVE AN ACTIVITY YOU WOULD LIKE TO RUN HERE? CALL US TO ENQUIRE ABOUT ROOM HIRE!	HAVE AN ACTIVITY YOU WOULD LIKE TO RUN HERE? CALL US TO ENQUIRE ABOUT ROOM HIRE!	TAI CHI	HAVE AN ACTIVITY YOU WOULD LIKE TO RUN HERE? CALL US TO ENQUIRE ABOUT ROOM HIRE!



Scan Me

GIVE US A CALL OR JUMP ONLINE TO FIND OUT SPECIFIC TIMES
AND MORE INFO ABOUT OUR CLASSES AND ACTIVITIES.

NOTES:
SOME CLASSES ARE RUN BY EXTERNAL PROVIDERS.

• ALTERNATIVE FREQUENCIES - F = FORTNIGHTLY & M = MONTHLY*

OPENING HOURS 09.30 AM - 4.00 PM
CALL 03 9480 1364
EMAIL INFO@SPANHOUSE.ORG
WEB WWW.SPANHOUSE.ORG



We hope you find something of interest and can come join us to bring some skills, connection and joy to your local life in Semester 2

If there is something you are particularly keen on that we don't currently offer, we'd love to hear from you to see if we can make it happen together!



Scan for More Info

